



AMERICAN  
ASSOCIATION OF  
UNIVERSITY  
WOMEN

# THE FORUM

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Atlantic County Branch, New Jersey

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*~Visit us on the web at [www.aauwacnj.org](http://www.aauwacnj.org)*

## ***President's Notes Sonya Bertini***

According to a study recently released by the American Psychological Association, women are more likely to experience stress due to the economic climate than men are. When compared with men, more women say they are stressed about money, the economy, job stability, housing costs and health problems affecting their families. Women in their mid to late 40s and older are the most likely to bear the burden of financial worry, and the effects of this increasing level of stress are great. The study found that women were more likely than men to report fatigue, irritability, depressed or sad feelings, and headaches due to stress. AAUW is dedicated to advancing economic security and independence for women by promoting the protection of social security, increasing pay equity, and supporting family-friendly workplaces. Join me on January 24, 2009 for the Achieving Pay Equity Conference in Lincroft, NJ. The keynote speaker will be Lilly Ledbetter who gained national celebrity when her case against Goodyear Tire and Rubber was brought to the U.S. Supreme Court in 2007. The cost of the conference for AAUW members is \$30. For more information call or e-mail me or contact Virginia Lytle . This promises to be an extremely interesting conference.

## ***Program - Let's Think Holiday Events Mildred Thomas***

MaryLou Breidenstine has a plan to entertain us with a play for the December 6th Holiday Luncheon meeting at Harbor Pines Golf Club. The play is titled "The Holiday Coffee". It involves a group of AAUW members who are preparing for the arrival of the holidays. This activity is to be held at a 55+ housing development. Time is very precious, leading to hectic moments. You will be very interested to know if these members can make a success of the event.

## ***Treasurer's Report Betsy Reed***

As of November 1, 2008 the balance in our operating account is \$3933.53.

**Holiday A.C. Shelter Gift Collection  
Joan Leavy & Emely Aiken**

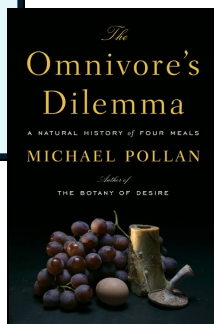
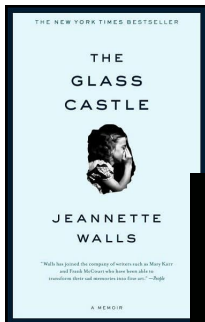
Once again we are asking our generous AAUW members to donate some holiday gifts for children living at the Atlantic County Women's Shelter. This year to make life simpler during the busy season the Women's Center is accepting unwrapped gifts. Please bring your gift for boys and girls ages two to twelve to our Holiday Luncheon on December 6th at the Harbor Pines Golf Club.

**Book Group  
Mary Lou Breidenstine**

Be sure to read "The Glass Castle" by Jeanette Walls so that you can participate in our next discussion, led by Audrey Moloney. We will gather at Mary Lou Breidenstine's at 7:30 on Wednesday, January 7.

All are welcome.

Looking forward, we will read "Omnivore's Dilemma" by Michael Pollan in February and "Brideshead Revisited" by Evelyn Waugh in March.



**(Sisters Together Against Raism)**

**Gail Zona**

On Monday, Nov.24, 2008 Sisters and guests gathered at the Hindu Temple of South Jersey at 6pm for an orientation by the Hindu Temple's priest about the Hindu faith and their temple and its services. Following this one hour presentation and question/answer period, those who were interested will drive to Shreeji Restaurant in Absecon for an authentic Indian meal (with individual checks). The Hindu Temple is located on Pomona Road between Tilton Road and White Horse Pike. Shreeji Restaurant is located on New Jersey Avenue and School Street in Absecon. Parking available in both sites.

Mark your calendars for the December STAR program. We will experience a Kwanzaa celebration on Monday evening, December 15, 2008 at Jethro Presbyterian Church, 423 N. Ohio Avenue, Atlantic City, NJ. For many of us, it will be an introduction to this American commemoration of African family values (begun about 25 years ago). We will dine on soup and sandwiches at 6pm followed by a Kwanzaa program presented by the Hostess Ministry of Jethro Presbyterian Church and conclude with desserts brought in by STAR members.

All are welcome. Email (call) Dianne Lennon or Gail Zona with your RSVP for attendance for planning purposes.

# December 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6 Holiday Luncheon 12:30 Harbor Pines GC
7	8	9	10	11	12	13
14	15 STAR program Jethro Presbyterian Church	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Forum articles are due on the  
15th of every month  
Send information to Sandy Swain  
sandras412@verizon.net or 534 E Holly Brook Rd. Galloway, NJ 08205

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# DECEMBER 2008

The **American Association of University Women** promotes equity for all women and girls, life-long education, and a positive societal change. The **AAUW Educational Foundation** provides funds to advance education, research, and self-development for women and to foster equity and societal change. **The AAUW Legal Advocacy Fund** provides funding and a support for women seeking judicial redress for sex discrimination. In principal and in practice **AAUW** values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin or disability.

**AAUW**, Atlantic County Branch  
c/o Jackie Sarnier,  
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Galloway, NJ 08205



DATED MATERIAL

